Name $\qquad$
Momentum exercises: $\quad \mathbf{p}=\mathrm{mv}$
Show all equations and work with units

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\text { weight }=\mathbf{F}_{\mathrm{g}}=\mathrm{mg}
$$

1) What is momentum? ( not the equation )
2) What is the Momentum of the ball if the mass is 5 kg and the velocity is $4 \mathrm{~m} / \mathrm{s}$ ?
3) What is the momentum of the car if the mass is 2000 kg and the velocity is $-30 \mathrm{~m} / \mathrm{s}$ ?
4) What is the mass of the spaceship if the momentum ( $\mathbf{p}$ ) is $10,000,000 \mathrm{~N}$-s and the velocity is $45,000 \mathrm{~m} / \mathrm{s}$ ?
5) What is the speed of the train if the momentum is $120,000 \mathrm{~N}$-s and the mass is $140,000 \mathrm{~kg}$ ?
6) What is the momentum of a bicycle and rider that are going $15 \mathrm{~m} / \mathrm{s}$ and weigh 840 Newtons?
7) What is the speed of a truck with a momentum of $110,000 \mathrm{~kg}-\mathrm{m} / \mathrm{s}$ and weighing 14000 newtons?

Impulse problems: $\quad \mathbf{J}=\mathbf{F} \Delta t=\Delta \mathbf{p}$ or $\mathbf{F} \Delta t=m \mathbf{v}_{\mathrm{f}}-\mathrm{mv}_{\mathrm{i}}$
8) What is the impulse of a bat that exerts a force of 350 N on a ball for .03 seconds?
9) What is the change in momentum in the problem above? If the ball starts at rest, What is the final speed of a ball having a mass of .54 kg ?
10) What is the force of impact of a car that has an impulse of $130,000 \mathrm{~N}$-s and crashes into a wall during a period of time of 2.5 seconds?
11) What is the final speed of a soccer ball that starts from rest and is kicked with a force of 450 newtons and with a contact time between the foot and ball of .4 seconds? The mass of the soccer ball is 1.6 kg .
12) If the kicker increased the time in the problem above to .7 seconds, what would the new final speed be? What do we call the process of increasing the time in a sport?
13) A person falls a distance of 10 meters ( This means his final speed is $7 \mathrm{~m} / \mathrm{s}$ ). If he weighs 750 N . What is his mass? What is the change in momentum if he starts from rest? What is his impulse? If a force of 450 N will break his leg bone (femur ) figure out how much time he needs the time of impact to be such that he is not injured? ( tuck and roll!!!! )

